

## Information for outpatient appointments

- ➔ Please make sure that you talk to the anesthetists at least one day before your child's surgery.

You can speak to an anesthetist between 9 am and 3 pm Mondays to Fridays at the drop in session. You don't need to make an appointment in advance. The anesthetists' surgery is in the Alice Hospital, Dieburger Straße 31, opposite Dr Volk's surgery.

The day hospital and the operating theatres, where the surgery is, are in the same building.

- ➔ Please call ward 4a one working day before the surgery between 12 and 3 p.m. on tel.: 06151-4022500

You will then be told the exact time of the appointment and the approximate time of the surgery. You can only reach the ward on working days. Therefore please call on Friday if your appointment for surgery follows a weekend or bank holiday.

- ➔ Please be aware of the fasting times the anesthetists will tell you about.

Normally the following applies for children:

Children are allowed to eat until six hours before the anesthesia. Young children are allowed to drink milk until four hours before the anesthesia, they can be breastfed until three hours before the anesthesia. Children are allowed to have water or tea with sugar up until one hour before the surgery. After that the patient mustn't eat or drink anymore.

### On the day of the surgery:

- ➔ Please make sure your child hasn't eaten or drunk (see above). Chewing gum and sweets aren't allowed either.
- ➔ Please also make sure that your child is clean when arriving for the surgery. Take away any body jewellery.
- ➔ Don't forget important documents and also have the child's health insurance card with you.
- ➔ Please mark the exact side of the surgery and inform the staff about it.

If the child has eaten or drunk anything by mistake, please inform the staff.

If your child is sick, please let us know as early as possible.

Unfortunately, we can't give you an exact time for the surgery. You might have to wait because of preceding operations but please be on time for your own appointment.

Thank you for your understanding.

*This information is only for outpatient appointments. If you have an inpatient operation, you will be admitted by the children's hospital. They will inform you about the time etc. The preparation for the operation will take place there.*

If you have any questions, please don't hesitate to contact us on 06151- 6667212 or write to [kontakt@kinderchirurgie-darmstadt.de](mailto:kontakt@kinderchirurgie-darmstadt.de)

Thanks a lot!